

#### **Band Virtual Learning**

### 7th Grade Percussion

April 6th, 2020



7th Grade Percussion Lesson: April 6th, 2020

Objective/Learning Target:
Students will learn an effective practice start up routine.

Let's Get Started with Basics:

Watch Video:

Review of Mallet Technique
Review of Snare Technique



# **Practice:**First let's do some mallet exercises

- 1. Make sure you start by centering your body in the correct place to allow for greater accuracy
- 2. Ensure that the mallets are starting and ending in the correct playing position
- 3. Play all major scales that you have learned up to this point (C and all flat scales for 6th grade, all 12 major scales for all other grades).
- 4. Use this link to remind you of the scale patterns we use: 5-Minute Drill Scales
- 5. Use the 5-minute drill accompaniment files if you have them to make practice more fun!



# Practice: Next let's do some snare rudiments

- 1. Make sure you start and end with correct playing position
- 2. Use a metronome starting at 80 beats per minute and move it up in increments of 10 as you are able to do so (I usually turn on the 8th note subdivision). You could also play along with songs on the radio or with your other favorite music!

Free online metronome **HERE** 

 Play through Single Strokes, Double Strokes, Paradiddles, Flams, Flam Taps, Flam Accents, and Double Paradiddles in the rhythmic pyramid

(Quarter-Eighth-Sixteenth-Eighth-Quarter)

4. See the example video **HERE** 



#### Additional Warm Up Thoughts:

Each Monday we will have more warm up exercises for you to put into your daily routine to help you stay in shape on your instruments!!

Keep working to play with the BEST technique possible!

Try your best to set aside time EVERY DAY for at least 15 minutes of practice. The skills we have learned will be lost if we don't continue working and refining them!!